

**Sierra County Oral Health Program  
Meeting Minutes  
November 15, 2019**



**Opening:** Oral Health Advisory Committee meeting was called to order at 9:05am by Kylie Ures in the Sierra County Probation Office.

**Present:** Kylie Ures, Jessica Harris, Anne Reugebrink, Brenda Black, Dr. Lee Walker, and Teia Miller.

**New Business:**

**1. Updates**

- a. *Community Surveys*
  - i. 98 community surveys have been collected thus far. Target goal is 100 community surveys.
  - ii. Community Outreach Coordinator has been attending outreach events. Partnering organizations have helped distribute surveys to patients and clients.
- b. *Focus Groups*
  - i. November 20, 2019 – Loyalton Focus Group
  - ii. November 21, 2019 – Downieville Focus Group
  - iii. Focus groups are open to any community members over the age of 18.
- c. *Project Director's Meeting*
  - i. November 19, 2019 in Sacramento, CA
- d. *Eliminating the Idea of "Silos" Throughout Organizations*
  - i. Working with UCSF to identify how Sierra County can get at least one non-medical employee certified to apply fluoride varnish.
  - ii. Collaborating with Emergency Preparedness and Public Health to hopefully incorporate fluoride varnish during flu clinics.

**2. Vaping Epidemic Presentation – Anne Reugebrink**

- a. *Epidemic Information*
  - i. New acronym – EVALI
  - ii. E-Cigarette, or Vaping, Product Use Associated Lung Injury
  - iii. New findings by CDC show that Vitamin E Acetate is a potential chemical of concern.
- b. *Marketing to Youth*
  - i. E-Cigarette companies are targeting youth through the promotion of items via celebrities and through presentations at youth-centric events.
- c. *Vaping Devices*
  - i. Difficult to identify because of how easy they are to conceal.

- ii. Vaping watch, JUUL, vaping sweatshirt, Suorin device, and vaping device modeled to look like lipstick.
- d. *Vaping in Sierra County*
  - i. California Student Tobacco Survey findings show that 30% of surveyed youth reported ever using e-cigarettes. Additionally, 56% of surveyed youth reported it would be easy to obtain e-cigarettes.
  - ii. Youth can access/purchase e-cigarettes online, in Nevada, and/or through friends and family members.
  - iii. Tobacco Use Reduction Program is continuing to do mass education in conjunction with the possibility of a moratorium on vaping device sales in Sierra County.

### **3. Next Meeting Information**

- a. The next meeting will be held on Friday, December 20, 2019 at 9:00am in the Sierra County Probation Office.

**Adjournment:** Meeting adjourned at 10:00am by Kylie Ures.