

Meeting Minutes

Date: 03/21/2024

Attendees: Melanie Del Carlo, Hannah Von Tour, Amy Walker, Candy Corcran

I. Introductions

- a) All members in attendance introduced themselves.

II. OHP Updates

- a) NCDHM – Dental Presentations & Information: February is NCDHM, the LOHP, Melanie Del Carlo, and SPJSD Health Staff Member, Hayley Price, went into Sierra County schools to give dental health presentations. Some presentations took place in March due to the LOHP being onboarded January 15 and the short time frame the LOHP had to organize NCDM activities. Presentations included information on anatomy of the tooth, bacteria, home care tips, dental visits, healthy teeth snacks, dental health kits. Downieville school was visited on 2/22/24 (TK/K/1st). Loyalton Elementary School was visited on 3/13/24 (1st & 2nd), 3/14/2024 (K/1st), 3/21/2024 (3rd).
- b) Goals/ Mission for OHAC: Goals for the Oral Health Advisory Committee (OHAC), have not been defined for the current program. Committee members informed LOHP that the previous LOHP was in the process of reviewing the activities that occurred prior to their onboarding and had not yet established goals for the future of the OHAC.
- c) Upcoming Community Events: Timberfest (5/4/2024) will not be attended by the LOHP this year. Due to the LOHP being out of the office that week, there will not be a representative available to be present. Advisory committee discussed last year's Timberfest event and concluded the OHP did not receive great traction at last year's event. Downieville Classic Bike Races & Festival (7/11/24-7/14/2024) the LOHP will be present at this community event and will have the smoothie bike to educate people on the ReThink your Drink initiative. Other community events where the OHAC felt it would be beneficial for the OHP to be represented were discussed. OHAC provided information on the Calpine Marketplace, Eastern Plumas Healthcare Hospitals tabling event, and the Children Abuse Prevention event, as potential events for the LOHP to attend.
- d) School Spring Events: Kinder Round-Up (4/22/24-4/26/24), this event is occurring in a month and will require the LOHP to be in attendance. The OHAC discussed solutions to find a qualified professional to come in and conduct KOHA screenings. Anna Hanlon, Sierra County's contracted RDH is not available during Kinder Round-Up and therefore

the OHP will need to source a different professional to complete screenings. Committee members suggested retired Dr. Walker, a former Loyalty dentist's RDH.

- e) Miscellaneous: The OHAC discussed the lack of resources available and brainstormed options for improving access to Sierra County community members. Committee members expressed interest in looking for additional in-kind support from oral health brands such as Colgate, Crest, and OralB. Candy Corcran shared that First 5 distributes backpacks to children and would include OHP information in the future.

III. Action Items

- a) Work Plan Objective 1.2.e: The OHAC members were provided copies of the 2020 Oral Health Needs Assessment as well as a copy of the draft for the 2024 Oral Health Needs Assessment. Members reviewed both documents and decided that the 2024 survey represented the information that they see as most important. The committee members gave additional input in the survey process. Members concluded that some form of incentive would be needed to effectively recruit people to complete the survey, Spanish translation will be necessary, and that electronic distribution would be effective in some places in the county such as Calpine.

IV. Next Steps

- a) Next meeting date was not decided due to low attendance. A follow-up email will be sent by the LOHP to determine the next meeting date.